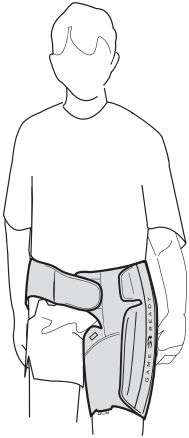
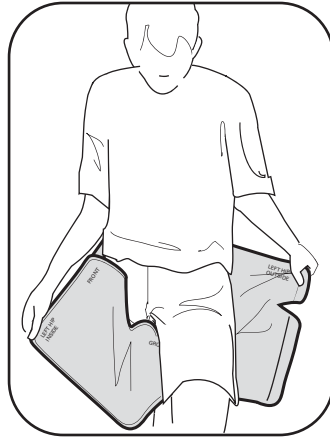


## Hip/Groin Wrap Application

\*Left side illustrated



Place your left hand above the left hip outside label, and your right hand above the left hip inside label as shown in the illustration.

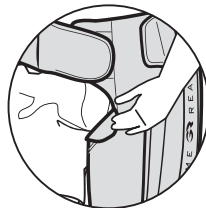


Wrap the left hip inside flap over the left thigh and hip bone then attach the left hip outside flap over the left hip inside flap. Secure both the top and bottom flaps.

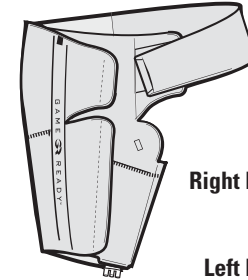
Bring the back strap behind and around your waist and attach the loop to the hook, adjust. For maximum coverage of the left buttocks, rotate the Wrap as required. Adjust the Wrap for a snug fit in the groin area as required. The front strap has an optional extender for larger waists.



Attach the Connector Hose to the Wrap.



There is an optional flap for the groin area that can be folded back which attaches to the hook.



Right Hip/Groin Sleeve: 510602  
Right Hip/Groin Heat Exchanger: 520602

Left Hip/Groin Sleeve: 510604  
Left Hip/Groin Heat Exchanger: 520604

Thank you for choosing the Game Ready System. To assure you have the best possible experience please be sure to read the entire User's Manual prior to the use of this product.

### Warnings

- Always consult with your physician before using the Game Ready System for any injury. Your physician can determine whether or not the System is appropriate for your injury, and can provide advice on how to best use the System to treat your injury.
- If used incorrectly, cold therapy can cause frostbite or other tissue damage. Always follow the protocol provided by your physician.
- Do not place directly against open wounds, sores, rashes, infections, or stitches. May be applied over clothing or dressing.
- If use of the Game Ready System causes increased pain, swelling, discoloration or loss of sensation, discontinue use and consult with your physician.
- If pressure is uncomfortable, pause unit, and restart with lower pressure.

**Care:** Gently remove Heat Exchanger from the Sleeve. Hand or machine wash the Sleeve in cold water and mild detergent, or antibacterial soap. Hang to dry. Hand wash the Heat Exchanger, do not machine wash. Periodically run hydrogen peroxide through your Game Ready System to keep the interior of your Wrap clean.

### Warranty Information:

**Sleeve:** In case of manufacturer defect, Sleeve may be returned within 7 days of purchase.

**Heat Exchanger:** 1 year from date of purchase. See warranty card included with Heat Exchanger.



CoolSystems, Inc.  
1201 Marina Village Pkwy Suite 200  
Alameda, CA 94501  
1.888.GAMERREADY

EC REP  
EMERGO EUROPE  
Molenstraat 15  
2513 BH, The Hague  
The Netherlands

## Hip/Groin Wrap =

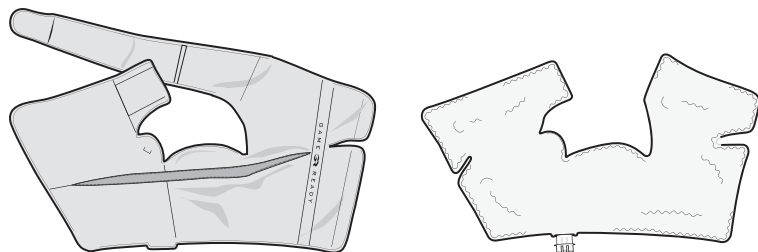
\*Right side illustrated

Hip/Groin Sleeve

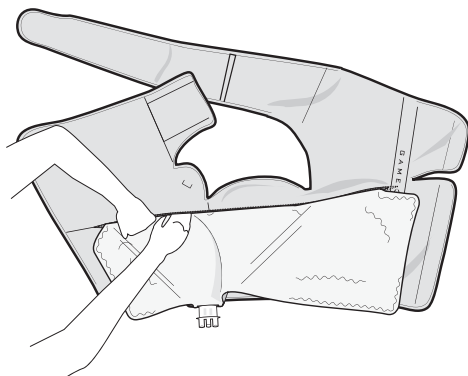
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Hip/Groin Heat Exchanger

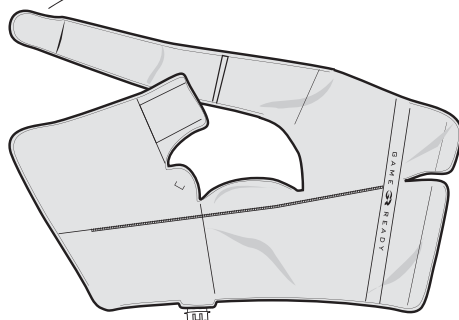
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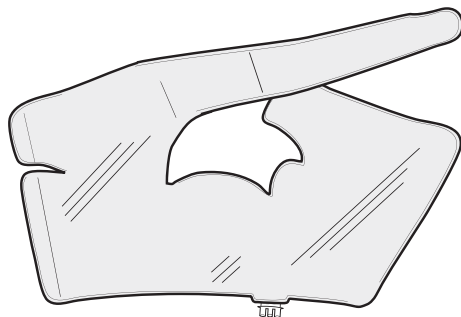
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GAME READY®

Right Hip/Groin Wrap #590602

Left Hip/Groin Wrap #590604

## Hip/Groin Wrap (Sleeve/Heat Exchanger) - Insertion

**fig. 1** Place Sleeve on flat surface with logo side up and open the zipper

**fig. 2** Insert Heat Exchanger into the Sleeve with blue side down (Blue side of Heat Exchanger should match blue side of Sleeve)

**fig. 3** Make sure the Heat Exchanger is flat inside the Sleeve with no folds or creases. Zip up the Sleeve.

**fig. 4** After assembly, lay the blue side up, make sure the Wrap is flat and smooth.

## Hip/Groin Wrap (Sleeve/Heat Exchanger) - Removal

1 Disconnect the Connector Hose from the Wrap

2 Unzip the zipper

3 Gently pull out the Heat Exchanger

### To use Hip/Groin Wrap when sitting:

Do not sit fully upright (i.e. 90°)  
The maximum most comfortable position will be reclined at 120° or greater.

